

AYCO / Florida Regional Festival

Sunday Feb. 23rd, 2020

10:00-10:30 **Welcome, Warm up & Safety Rules**

10:30-11:45 #1	Aerial Hoop Beginner	Stiltwalking Sneaker size must be at least women's size 7	Cyr Wheel Intro		Hammock/Sling Int/Adv.
	Marina Petrano Limit 12	Amanda Renaud Limit 6	Aaron Tremper Limit 9		Katie S. Limit 6

11:45-12:15 LUNCH

12:15-12:30 PHOTOS

12:30-1:45 #2	Aerial Hoop Int/Adv	Stiltwalking Sneaker size must be at least women's size 7	Cyr Wheel Intermediate	Handbalancing/Acro	Hammock/Sling Beg.
	Nicole Sirdoreus Limit 12	Amanda Renaud Limit 6	Aaron Tremper Limit 9	Marina Petrano Limit 12	Katie S. Limit 6

2:00-3:15 #3	Aerial Silks Beg	Hoola Hoop Dancing	German Wheel Intro	Juggling with Tiele! All Levels	Contortion/Flexibility Int/Adv
	Nicole Sirdoreus Limit 12	Lianna Ashton Limit 16	Aaron Tremper Limit 5	Tiele No Limit	Kat Limit 10

3:30-4:45 #4	Aerial Silks Int/Adv	Foot Juggling	German Wheel Intro	Ground-based Aerial Hoop	Contortion/Flexibility Beg.
	Nicole Sirdoreus Limit 12	Lianna Ashton Limit 12	Aaron Tremper Limit 5	Maria Andersen Limit 6	Kat Limit 10

4:45-5:00 Wrap up the Day

AYCO Member Rate: \$55

Non-Member Rate: \$65